**Questions for Assessment Used by Professionals**

**Skill Attainment**

Does the student know what skills are required to complete the task?

Does the student know how to apply the skills to suit the task?

Does the student know what part of the task is challenging?

Does the student know who else to ask for support with future similar tasks?

**Social and Emotional**

Is the student aware of his or her emotional triggers regarding this task/space?

Is the student being influenced by others in the class or space?

Are outside or internal emotional influences interfering with this task?

Can the student manage his or her emotions regarding this task?

Is the student’s emotional state interfering with his or her ability to do the task?

Is further support needed and does the student know how to access it?

**Self-management**

Does the student have the appropriate level of executive functioning skills (time-management, planning, breaking down tasks, sequencing, focus) necessary to complete the task?

Does the student know what may interfere (sleep, nutrient, safety) with his or her ability to utilize executive functioning skills effectively?

Can the student monitor, or notice, his or her EF abilities during the task and regulate, or shift, them accordingly?

Does the student know who to ask for support in regulating his or her EF skills in the future?

**Motivation**

Does the student feel motivated to do this task?

Does the student see the sense and meaning in this task?

Can the student establish a reasonable goal for him or herself?

Does the student need help breaking down the task into smaller steps?

Does the student need help developing a plan for completing each step?

Does the student know what to do or where to go for help if his or her plan for this task does not work?